

April 2024

NSW Workforce Development Update: Family Based Treatment Training

With funding from NSW Health InsideOut is building the capacity and capability of the NSW workforce to be confident and competent to address eating disorders. This involves the development and dissemination of trainings in evidence based treatment across the state.

In 2021, the roll out of Maudsley Family Based Therapy Training to every local health district across the state continued from its initiation in 2017. The first round of mixed model delivery trainings started to roll out from January with approximately 214 child and adolescent clinicians trained this year to deliver FBT across NSW. In 2023, there were 86 NSW health clinicians that attended Maudsley Family Based Therapy Training.



InsideOut's Ashlea Hambleton, Danielle Maloney and Director Dr Sarah Maguire with Professor Daniel Le Grange from UCSF

For more information about InsideOut's eLearning courses please visit the [eLearning section](#) at our Website.

