

April 2024

NSW Workforce Development Update: Enhanced Cognitive Behavioural Therapy (CBTE) Training

The CBTE training provides relevant professional development in the area of eating disorders suitable for Psychologists, Social Workers, Counsellors, Psychiatrists and other health professionals working with individuals with eating disorders.

In 2023, there were 116 health professionals trained in CBTE and 65 health professionals completed Advanced Training for CBTE.

