

December 2021

## NSW Workforce Development Update: Enhanced Cognitive Behavioural Therapy (CBTE) Training

The CBTE training provides relevant professional development in the area of eating disorders suitable for Psychologists, Social Workers, Counsellors, Psychiatrists and other health professionals working with individuals with eating disorders.

In 2017, the roll out of Inpatient Management of Eating Disorders commenced. This has continued through 2021 with 65 health professionals from across NSW attending a practical skill training workshop on 16<sup>th</sup> March, 12<sup>th</sup> and 26<sup>th</sup> July.



The training was attended by professionals from Hunter New England Local Southern NSW Local Health District and Illawarra Shoalhaven Local Health District.

