



Are you a sibling of someone who has experienced Maudsley & Family Based Therapy for Adolescent Anorexia Nervosa?

**We are interested in exploring sibling experiences of Maudsley Family-Based Therapy.
Share your insights and experiences with us.**

**This is part of a Western Sydney University and Sydney University research project looking at
sibling perspectives on anorexia nervosa and its treatment**

What is the study about?

This study is interested in hearing the voices of siblings' who have experienced Maudsley & Family based therapy with their family member who has experienced anorexia nervosa. We are interested in hearing what it was like for you to participate in family-based therapy with your family and sibling who experienced anorexia nervosa. We believe that your experiences are important to consider when developing ways to involve family members in the treatment of adolescent anorexia nervosa.

What does the study involve?

This study involves one of the researchers speaking to you about your thoughts and experiences of the Maudsley family based therapy for your sibling's treatment of anorexia nervosa. Participation in this study involves the interviews being audio-recorded and typed up, so that we can look at and try to understand your experiences in more detail.

How much time will the study take?

Approximately 60 minutes, but it depends on how much you wish to say on the topic.

What's in it for me?

We hope talking about your experiences in this study may be helpful for you. Your experiences will provide us with important information to better support siblings and individuals who experience adolescent anorexia nervosa. You will also receive a \$30 gift voucher for your valuable participation in this research study.

Will anyone else know the results?

No one will know that you have participated in this study (other than your parents if you are under 16 years old), unless the researchers are concerned for your safety. If we are concerned for your safety, we will need to contact your parents (if you are under 18 years) and/or contact support services in your area. We will also ask you to choose a different name so that when this research is written into a book or journal article, no one will know that it was you who talked to us in this study. We will also ask you to read the interview when it is typed up to let us know if there are any parts that you want to change or remove. When you have done this, we will delete the recording of the interview. We will keep the interviews (without your name and details you have asked us to remove) for at least 5 years after they have been written into a book or journal article.

Participation is voluntary

Participating in this research is your choice and you do not have to participate if you choose not to. You can also stop your participation in this research at any time and there will be no consequence for you if you choose to stop.

If you would like to know more, please contact:

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