

For Health Professionals

MBS Eating Disorder Items

The new items for Eating Disorder services

From November 1, a suite of 64 new MBS items will be introduced to support a model of best practice, evidence-based care for eating disorders.

People living with an eating disorder will be able to get a Medicare rebate for up to 40 psychological sessions and 20 dietetic sessions in a 12-month period.

Previously, people with eating disorders (and all other mental health disorders) have had access to just 10 rebated psychological sessions.

It is expected that there will be a multidisciplinary approach to patient management through these items.

What the items cover

The item structure provides Medicare rebates for:

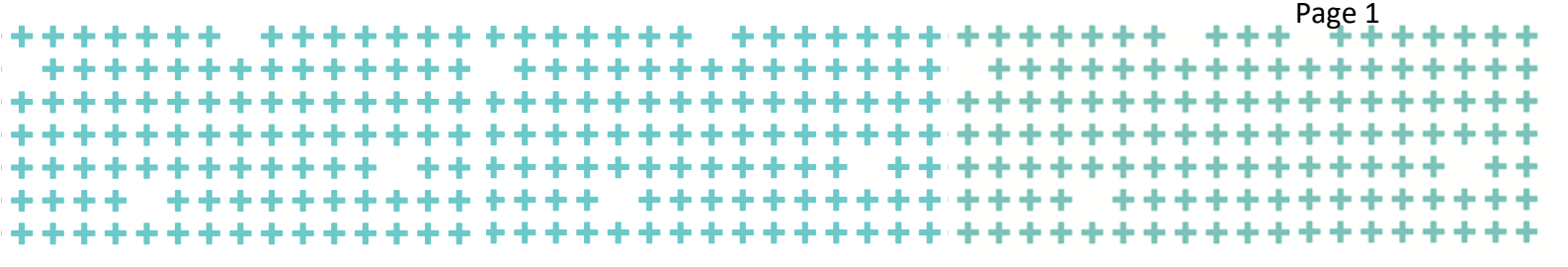
- the development and review of Eating Disorder treatment and management plans,
- courses of evidence-based eating disorder psychological and dietetic treatment services.
- A review by a psychiatrist or peadiatrition

Who can provide services

These items are relevant for medical practitioners in general practice, consultant psychiatrists or consultant paediatricians and eligible Clinical Psychologists and Psychologists, Occupational Therapists, Social Workers and Dietitians.

It is expected that practitioners providing services under these items should have appropriate skills, knowledge and experience to provide eating disorders treatment. For more information on treatment and training see our factsheet: [MBS Treatment Options and Training](#)

Specific Item numbers



Preparation of eating disorders treatment and management plans

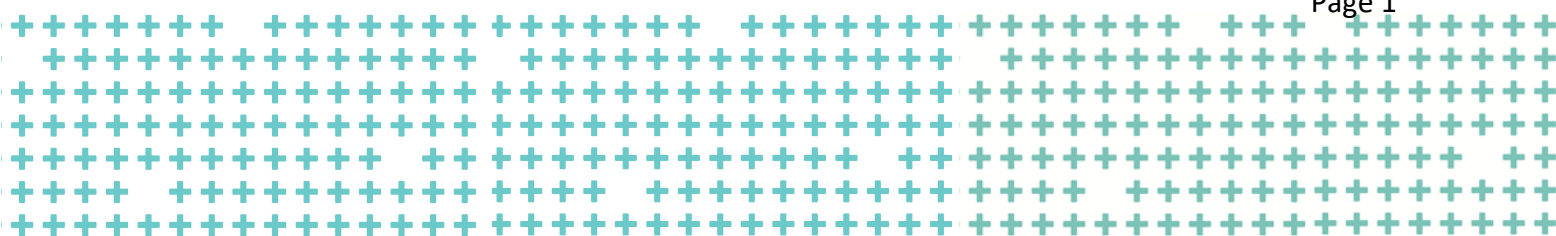
12 new items for GPs, medical practitioners, consultant psychiatrists and paediatricians

| Item number | Task | Time | Provider | Benefit |
|-------------|-------------------------|-----------------------------|--------------------------|-----------------|
| 90250 | EDP preparation | At least 20 but <40 minutes | GP without MH Training | 100% = \$72.85 |
| 90251 | EDP preparation | At least 40 minutes | GP without MH Training | 100% = \$107.25 |
| 90252 | EDP preparation | At least 20 but <40 minutes | GP with MH Training | 100% = \$92.50 |
| 90253 | EDP preparation | At least 40 minutes | GP with MH Training | 100% = \$136.25 |
| 90254 | EDP preparation | At least 20 but <40 minutes | OMP without MH Training | 100% = \$58.30 |
| 90255 | EDP preparation | At least 40 minutes | OMP without MH Training | 100% = \$85.80 |
| 90256 | EDP preparation | At least 20 but <40 minutes | OMP with MH Training | 100% = \$74.00 |
| 90257 | EDP preparation | At least 40 minutes | OMP with MH Training | 100% = \$109.00 |
| 90260 | EDP in consulting rooms | At least 45 minutes | Consultant Psychiatrist | 85% = \$396.80 |
| 90261 | EDP in consulting rooms | At least 45 minutes | Consultant Paediatrician | 85% = \$231.30 |
| 90262 | EDP by video conference | At least 45 minutes | Consultant Psychiatrist | 85% = \$396.80 |
| 90263 | EDP by video conference | At least 45 minutes | Consultant Paediatrician | 85% = \$231.30 |

Review of eating disorders treatment and management plans

6 new items for GPs, medical practitioners, consultant psychiatrists and paediatricians.

| Item number | Task | Time | Provider | Benefit |
|-------------|------|------|----------------------|----------------|
| 90264 | EDR | | General Practitioner | 100% = \$72.85 |
| 90265 | EDR | | Medical Practitioner | 100% = \$58.30 |
| Item number | Task | Time | Provider | Benefit |



| | | | | |
|-------|-------------------------|---------------------|--------------------------|----------------|
| 90266 | EDR in consulting rooms | At least 30 minutes | Consultant Psychiatrist | 85% = \$248.05 |
| 90267 | EDR in consulting rooms | At least 20 minutes | Consultant Paediatrician | 85% = \$115.80 |
| 90268 | EDR by video conference | At least 30 minutes | Consultant Psychiatrist | 85% = \$248.05 |
| 90269 | EDR by video conference | At least 20 minutes | Consultant Paediatrician | 85% = \$115.80 |

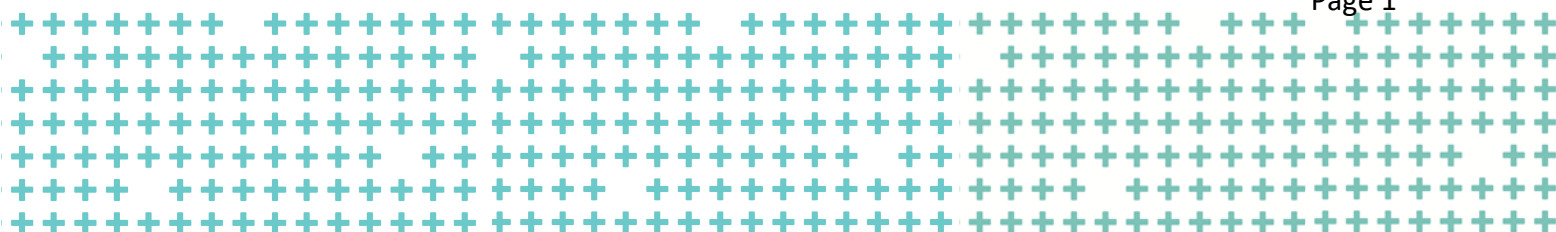
Provision of psychological treatment services

12 new items for GPs, medical practitioners, consultant psychiatrists and paediatricians.

| Item number | Task | Time | Provider | Benefit |
|-------------|----------------------------------|-----------------------------|----------------------|-------------------|
| 90271 | EDPT in consulting rooms | At least 30 but <40 minutes | General Practitioner | 100% = \$94.25 |
| 90272 | EDPT other than consulting rooms | At least 30 but <40 minutes | General Practitioner | 90271 + \$26.35* |
| 90273 | EDPT in consulting rooms | At least 40 minutes | General Practitioner | 100% = \$134.85 |
| 90274 | EDPT other than consulting rooms | At least 40 minutes | General Practitioner | 90273 + \$26.35* |
| 90275 | EDPT in consulting rooms | At least 30 but <40 minutes | Medical Practitioner | 100% = \$75.40 |
| 90276 | EDPT other than consulting rooms | At least 30 but <40 minutes | Medical Practitioner | 90275 + \$21.10** |
| 90277 | EDPT in consulting rooms | At least 40 minutes | Medical Practitioner | 100% = \$107.90 |
| 90278 | EDPT other than consulting rooms | At least 40 minutes | Medical Practitioner | 90277 + \$21.10** |
| 90279 | EDPT by video conference | At least 30 but <40 minutes | General Practitioner | 100% = \$94.25 |
| 90280 | EDPT by video conference | At least 40 minutes | General Practitioner | 100% = \$134.85 |
| 90281 | EDPT by video conference | At least 30 but <40 minutes | Medical Practitioner | 100% = \$75.40 |
| 90282 | EDPT by video conference | At least 40 minutes | Medical Practitioner | 100% = \$107.90 |

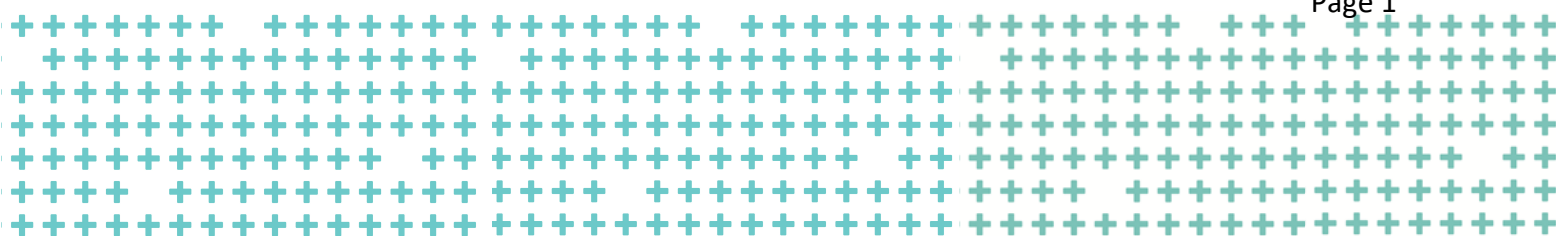
*divided by number of patients seen up to a maximum of 6 patients. For seven or more patients +\$2.05 per patient.

**divided by number of patients seen up to a maximum of 6 patients. For seven or more patients +\$1.65 per patient



32 new items for Clinical Psychologists and Psychologists, Occupational Therapists and Social Workers provision of eating disorder psychological treatment services.

| Clinical Psychologists | | | | |
|--------------------------|--|-----------------------------|-------------------------|----------------|
| Item number | Task | Time | Provider | Benefit |
| 82352 | EDPT in consulting rooms | At least 30 but <50 minutes | Clinical Psychologist | 85% = \$86.15 |
| 82353 | EDPT by video conference | At least 30 but <50 minutes | Clinical Psychologist | 85% = \$86.15 |
| 82354 | EDPT other than in consulting rooms | At least 30 but <50 minutes | Clinical Psychologist | 85% = \$107.65 |
| 82355 | EDPT in consulting rooms | At least 50 minutes | Clinical Psychologist | 85% = \$126.50 |
| 82356 | EDPT by video conference | At least 50 minutes | Clinical Psychologist | 85% = \$126.50 |
| 82357 | EDPT other than in consulting rooms | At least 50 minutes | Clinical Psychologist | 85% = \$148.00 |
| 82358 | EDPT as part of a group 6-10 | At least 60 minutes | Clinical Psychologist | 85% = \$32.35 |
| 82359 | EDPT as part of a group 6-10 by video conference | At least 60 minutes | Clinical Psychologist | 85% = \$32.35 |
| Registered Psychologists | | | | |
| Item number | Task | Time | Provider | Benefit |
| 82360 | EDPT in consulting rooms | At least 20 but <50 minutes | Registered Psychologist | 85% = \$61.05 |
| 82361 | EDPT by video conference | At least 20 but <50 minutes | Registered Psychologist | 85% = \$61.05 |
| 82362 | EDPT other than in consulting rooms | At least 20 but <50 minutes | Registered Psychologist | 85% = \$83.05 |
| 82363 | EDPT in consulting rooms | At least 50 minutes | Registered Psychologist | 85% = \$86.15 |
| 82364 | EDPT by video conference | At least 50 minutes | Registered Psychologist | 85% = \$86.15 |
| 82365 | EDPT other than in consulting rooms | At least 50 minutes | Registered Psychologist | 85% = \$108.20 |
| 82366 | EDPT as part of a group 6-10 | At least 60 minutes | Registered Psychologist | 85% = \$22.00 |
| 82367 | EDPT as part of a group 6-10 by video conference | At least 60 minutes | Registered Psychologist | 85% = \$22.00 |
| Occupational Therapists | | | | |

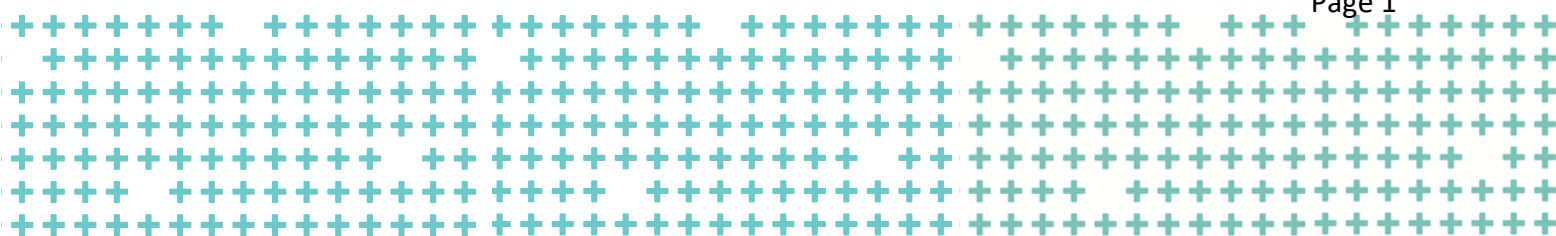


| Item number | Task | Time | Provider | Benefit |
|-------------|--|-----------------------------|------------------------|---------------|
| 82368 | EDPT in consulting rooms | At least 20 but <50 minutes | Occupational Therapist | 85% = \$53.75 |
| 82369 | EDPT by video conference | At least 20 but <50 minutes | Occupational Therapist | 85% = \$53.75 |
| 82370 | EDPT other than in consulting rooms | At least 20 but <50 minutes | Occupational Therapist | 85% = \$75.75 |
| 82371 | EDPT in consulting rooms | At least 50 minutes | Occupational Therapist | 85% = \$75.95 |
| 82372 | EDPT by video conference | At least 50 minutes | Occupational Therapist | 85% = \$75.95 |
| 82373 | EDPT other than in consulting rooms | At least 50 minutes | Occupational Therapist | 85% = \$97.90 |
| 82374 | EDPT as part of a group 6-10 | At least 60 minutes | Occupational Therapist | 85% = \$19.30 |
| 82375 | EDPT as part of a group 6-10 by video conference | At least 60 minutes | Occupational Therapist | 85% = \$19.30 |

Accredited Mental Health Social Workers

| Item number | Task | Time | Provider | Benefit |
|-------------|--|-----------------------------|-------------------|---------------|
| 82376 | EDPT in consulting rooms | At least 20 but <50 minutes | AMH Social Worker | 85% = \$53.75 |
| 82377 | EDPT by video conference | At least 20 but <50 minutes | AMH Social Worker | 85% = \$53.75 |
| 82378 | EDPT other than in consulting rooms | At least 20 but <50 minutes | AMH Social Worker | 85% = \$75.75 |
| 82379 | EDPT in consulting rooms | At least 50 minutes | AMH Social Worker | 85% = \$75.95 |
| 82380 | EDPT by video conference | At least 50 minutes | AMH Social Worker | 85% = \$75.95 |
| 82381 | EDPT other than in consulting rooms | At least 50 minutes | AMH Social Worker | 85% = \$97.90 |
| 82382 | EDPT as part of a group 6-10 | At least 60 minutes | AMH Social Worker | 85% = \$19.30 |
| 82383 | EDPT as part of a group 6-10 by video conference | At least 60 minutes | AMH Social Worker | 85% = \$19.30 |

Provision of eating disorders dietitian health services



2 new items for Dietitians

| Item number | Task | Time | Provider | Benefit |
|-------------|---|---------------------|---------------------------------|---------------|
| 82350 | Dietetic Health Service | At least 20 minutes | Accredited Practicing Dietitian | 85% = \$53.75 |
| 82351 | Dietetic Health Service by video conference | At least 20 minutes | Accredited Practicing Dietitian | 85% = \$53.75 |

This is intended as a summary only. Please see [MBS Eating Disorders Quick Reference Guide](#) for a complete overview of descriptors, fees, benefits and extended Medicare safety net caps related to specific eating disorder item numbers. It is ultimately the responsibility of treating practitioners to use their professional judgment to determine the most clinically appropriate services to provide, and then to ensure that any services billed to Medicare fully meet the eligibility requirements outlined in the legislation

For all the latest MBS FACTSHEETS, [click here](#).

To learn about the 64 new Medicare items, check out the [Medicare Benefits Schedule Book](#). Go to page 182 for the *Eating Disorders General Explanatory Notes*.

