

Temperament Based Therapy with Supports (TBT-S) Face to Face Training Returns to Perth

Dr Laura Hill



Two Levels of TBT-S Trainings for Treatment Providers

Level 1 – March 7

Level 1 and 2, March 7 - 10

Times 8:30am-4pm

at an inner metro venue

TBT-S is designed to augment other Eating Disorder (ED) therapies, filling the gaps with descriptions of neurobiological brain alterations, treating to the client's traits, and including Supports for clients of **all** ages.

Book Here. To ensure quality learning experience, places are strictly limited.

New international evidence on TBT-S treatment effectiveness is showing:

- reduced adolescent and adult client resistance,
- increased motivation in both adolescent and adult clients,
- reduced ED symptoms, depression, and anxiety over time,
- decreased depression, stress, and criticism of mothers of adolescents,
- increased treatment retention, AND
- significant outcome impact after 4-5 days of TBT-S treatment for anorexia nervosa!

TBT-S Level 1 is a one-day introduction to this novel treatment. It will focus on:

- Why and how to share ED neurobiological alterations with clients.
- What, why and how to utilise a wide range of client temperament traits as their strengths to manage their symptoms.
- Why, when and how to include Support persons in ED adult treatment.
- Introduction to TBT-S Treatment tools.

TBT-S Level 2 is a three-day training focusing on clinician practice and application of TBT-S tools.

"Implementing TBT-S into my clinical work has made a big difference on how I understand and communicate the neurobiology of eating disorders. It has allowed for greater inclusion of supports, increased motivation in clients and given practical strategies to help people in their recovery from an ED".

Jasmin Watson, Team Leader

Victorian Centre of Excellence in Eating Disord

Book here



For more information go
to www.edfa.org.au
To register click here