



*DOES PMS OR PMDD
NEGATIVELY IMPACT
HOW YOU FEEL
ABOUT YOUR BODY?*

ARE YOU
INTERESTED IN
HELPING DESIGN A
THERAPY PROGRAM
THAT MAY HELP
SUPPORT THIS?





We are looking for people experiencing negative premenstrual change (PMS, PMDD) to take part in a survey to help design a six-session therapy program in Sydney.

This research is part of a PhD program at Western Sydney University Translational Health Research Institute.

To take part in the research, click on the following link HERE

or go to

https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_3n6wHAg67vq39Z4

If you are interested in finding out more, please email Megan Buys at m.buys@westernsydney.edu.au

This study has been approved by the Western Sydney University Human Research Ethics Committee. The Approval number is H15891.