



Dear Colleagues,

If you are working in the field of eating disorders, then you likely strive to help clients and patients improve their body image. Do you feel that the treatments we have effectively address severe and entrenched body image disturbance and distress? We're conducting research in this area and would love to hear your thoughts.

We invite you to participate in a Delphi study that seeks to understand how effective our current body image treatments are and what we can do to improve them.

We know your time is precious. The study is designed to take no more than 15 minutes per round. You will be invited to participate in up to three rounds over the next three months and will receive feedback on the group responses. This survey will close on Wednesday 21st September, 2022.

https://swinuw.au1.qualtrics.com/jfe/form/SV_0xiAchp8ONhkuwu

Please feel free to forward this email to any colleagues who may also wish to contribute. We are also seeking:

- People with ***lived experience*** of an eating disorder or Body Dysmorphic Disorder (either personally, or via a loved one)
- People who work in the area of *eating disorders or Body Dysmorphic Disorder* as a ***clinician*** or ***researcher***
- People who work in the area of *psychedelic psychotherapy* as a ***clinician*** or ***researcher***

Please click the link below to read the Participant Information Statement and to sign up.

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