

MBS COVID-19 Telehealth Items and the Eating Disorder Treatment Plan

Temporary MBS Telehealth Items for Individuals with Eating Disorders

From March 13, 2020 to September 30, 2020 (inclusive) a suite of temporary MBS items have been made available to help reduce the risk of community transmission of COVID-19 and to provide protection for patients and health care providers.

These items must be **bulk-billed** and are for non-admitted patients. Video conferencing is the preferred substitute for face-to-face consultations however providers can also offer audio-only services via telephone if video is not available. (There are separate items numbers for audio-only).

What the items cover

The item structure provides telehealth Medicare rebates for:

- The development and review of Eating Disorder treatment and management plans,
- Courses of evidence-based eating disorder psychological and dietetic treatment services.
- A review by a psychiatrist or paediatrician

Who can provide services

A service may only be provided where it is safe and clinically appropriate to do so.

These items are relevant for medical practitioners in general practice, consultant psychiatrists or consultant paediatricians and eligible Clinical Psychologists and Psychologists, Occupational Therapists, Social Workers and Dietitians.

It is expected that practitioners providing services under these items should have appropriate skills, knowledge and experience to provide eating disorders treatment. For more information on treatment and training see our factsheet: **MBS Treatment Options and Training**



Item numbers relevant to existing EDP items

Preparation of eating disorders treatment and management plans

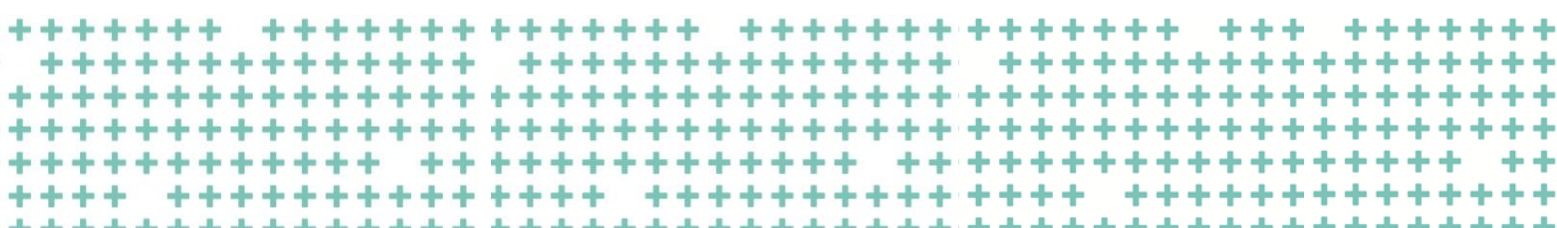
Items for GPs, medical practitioners, consultant psychiatrists and paediatricians

Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
90250	EDP preparation	At least 20 but <40 minutes	GP without MH Training	92146	92154
90251	EDP preparation	At least 40 minutes	GP without MH Training	92147	92155
90252	EDP preparation	At least 20 but <40 minutes	GP with MH Training	92148	92156
90253	EDP preparation	At least 40 minutes	GP with MH Training	92149	92157
90254	EDP preparation	At least 20 but <40 minutes	OMP without MH Training	92150	92158
90255	EDP preparation	At least 40 minutes	OMP without MH Training	92151	92159
90256	EDP preparation	At least 20 but <40 minutes	OMP with MH Training	92152	92160
90257	EDP preparation	At least 40 minutes	OMP with MH Training	92153	92161
90260	EDP in consulting rooms	At least 45 minutes	Consultant Psychiatrist	92162	92166
90261	EDP in consulting rooms	At least 45 minutes	Consultant Paediatrician	92163	92167

Review of eating disorders treatment and management plans

Items for **GPs, medical practitioners, consultant psychiatrists** and **paediatricians**.

Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
90264	EDR		General Practitioner	92170	92176
90265	EDR		Medical Practitioner	92171	92177
90266	EDR in consulting rooms	At least 30 minutes	Consultant Psychiatrist	92172	92178
90267	EDR in consulting rooms	At least 20 minutes	Consultant Paediatrician	92173	92179



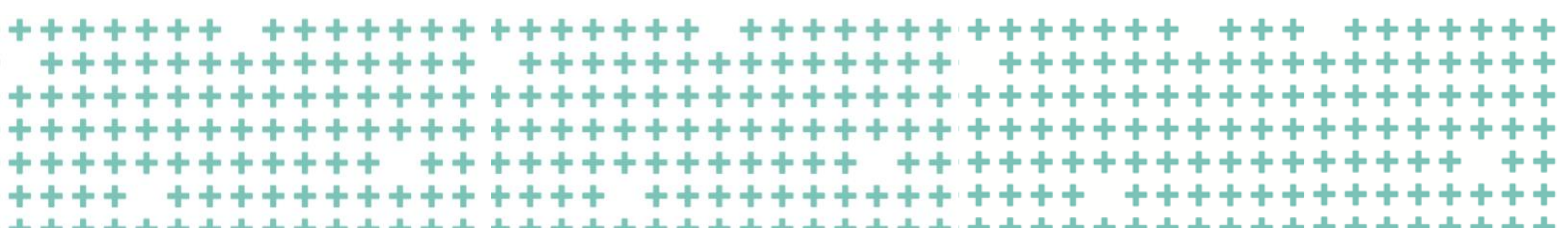
Provision of psychological treatment services

Items for **GPs, medical practitioners, consultant psychiatrists** and **paediatricians**.

Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
90271	EDPT in consulting rooms	At least 30 but <40 minutes	General Practitioner	92182	92194
90273	EDPT in consulting rooms	At least 40 minutes	General Practitioner	92184	92196
90275	EDPT in consulting rooms	At least 30 but <40 minutes	Medical Practitioner	92186	92198
90277	EDPT in consulting rooms	At least 40 minutes	Medical Practitioner	92188	92200

Items for **Clinical Psychologists** and **Psychologists, Occupational Therapists** and **Social Workers** provision of eating disorder psychological treatment services.

Clinical Psychologists					
Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
82352	EDPT in consulting rooms	At least 30 but <50 minutes	Clinical Psychologist	93076	93110
82355	EDPT in consulting rooms	At least 50 minutes	Clinical Psychologist	93079	93113
Registered Psychologists					
Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
82360	EDPT in consulting rooms	At least 20 but <50 minutes	Registered Psychologist	93084	93118
82363	EDPT in consulting rooms	At least 50 minutes	Registered Psychologist	93087	93121
Occupational Therapists					
Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
82368	EDPT in consulting rooms	At least 20 but <50 minutes	Occupational Therapist	93092	93126
82369	EDPT by video conference	At least 20 but <50 minutes	Occupational Therapist	93095	93129
Accredited Mental Health Social Workers					
Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
82376	EDPT in consulting rooms	At least 20 but <50 minutes	AMH Social Worker	93100	93134
82377	EDPT by video conference	At least 20 but <50 minutes	AMH Social Worker	93103	93137



Provision of eating disorders dietitian health services

Items for Dietitians

Existing Item number	Task	Time	Provider	COVID-19 Video	COVID-19 Telephone
82350	Dietetic Health Service	At least 20 minutes	Accredited Practicing Dietitian	93074	93108

This is intended as a summary only. Please see **MBS resources** for a complete overview of specifics related to these items. It is ultimately the responsibility of treating practitioners to use their professional judgment to determine the most clinically appropriate services to provide, and then to ensure that any services billed to Medicare fully meet the eligibility requirements outlined in the legislation

Resources

COVID-19 Bulk Billed MBS Allied Health (Psychology) Telehealth Services Frequently asked questions

http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/0C514FB8C9FBBEC7CA25852E00223AFE/%24File/FAQ%20-%20COVID%20Psychology%20300320.pdf?fbclid=IwAR0SHGwPHZCIXfrx_0SY0Clqe-lbbNdCgehcDedWBPbi9g2umaV3W03E_2A

MBS Changes Factsheet including item numbers for all disciplines:

[www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/0C514FB8C9FBBEC7CA25852E00223AFE/\\$File/COVID-19%20Bulk-billed%20MBS%20telehealth%20Services%20-%20Overarching%20300320.pdf](http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/0C514FB8C9FBBEC7CA25852E00223AFE/$File/COVID-19%20Bulk-billed%20MBS%20telehealth%20Services%20-%20Overarching%20300320.pdf)

MBS Factsheets <http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/Factsheet-TempBB>

