

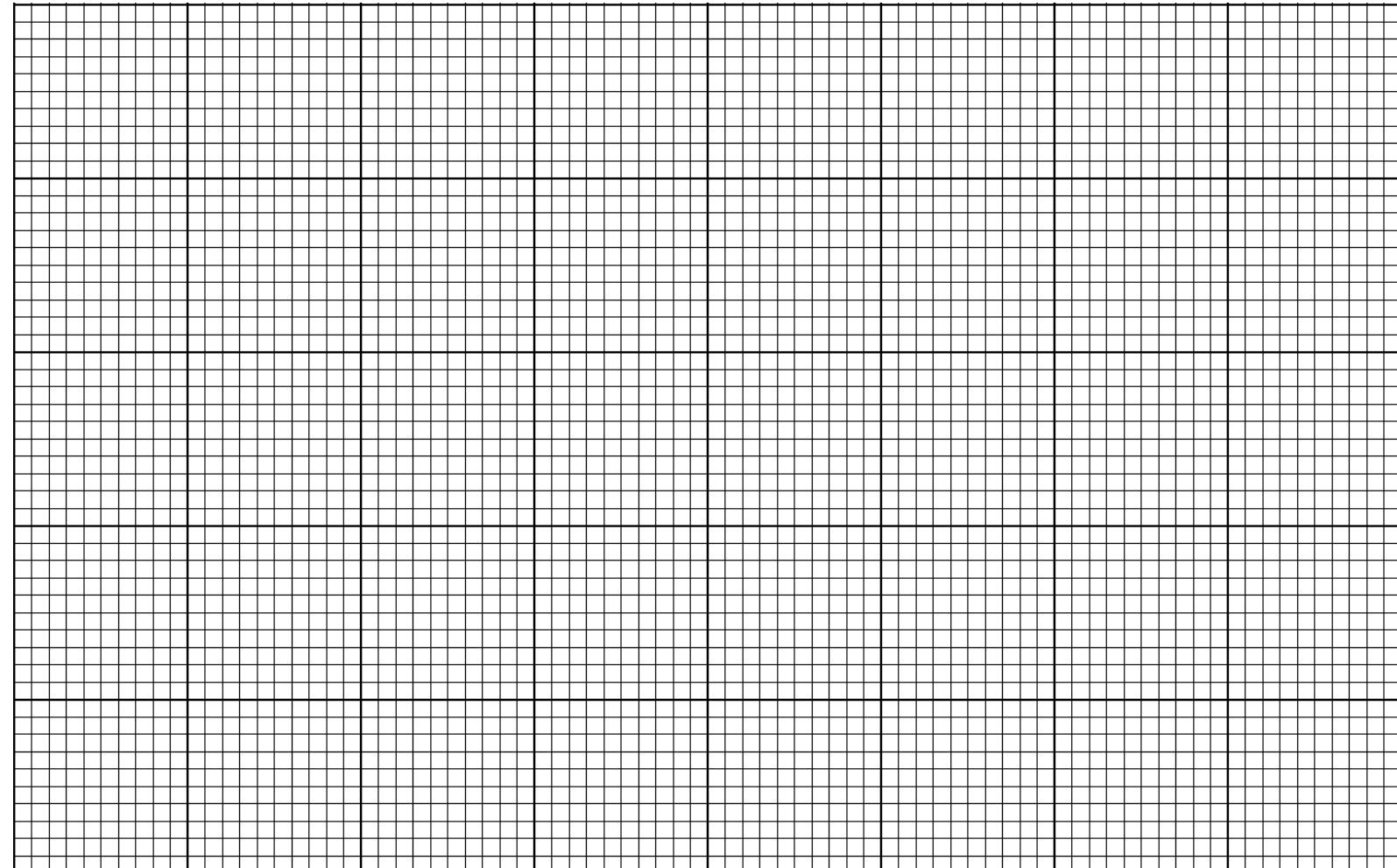
Weight Chart

Name:

Height:

Goal weight:

Weight
(kg)



Date

Session

Last updated: May 2025