

Eating Disorders Webinar - Adapting Eating Disorder Care for Neurodivergent Clients: Reflecting on Traditional Approaches (Part 2)

Date: Wednesday 17 June 2026

Time: 12:00 - 1:30pm AEST (90 min)

Where: Online via Zoom (please register below and more information will be sent)

About this webinar

Part 2 follows on from Part 1 'Supporting Neurodivergent Clients – Engagement, Communication, and Felt Safety in Eating Disorder Care' and invites clinicians to critically reflect on traditional eating disorder frameworks through a neurodiversity-affirming lens. We will examine what may “get in the way” for neurodivergent clients and challenge neuronormative assumptions about compliance, motivation, and progress. Participants will explore how to thoughtfully adapt established interventions, redefine markers of success, and integrate practical supports for executive functioning and pacing. Through guided reflection and applied examples, this session aims to increase clinician confidence in questioning and modifying approaches that may not be the right fit for their neurodivergent clients.

Presented by

Dr Maud Achard, Senior Mental Health Dietitian and Credentialed Eating Disorder Clinician

Maud is a mental health dietitian specialising in supporting autistic, ADHD, and otherwise neurodivergent individuals experiencing eating disorders and feeding differences, including ARFID. Multiply neurodivergent herself, she integrates clinical and lived experience to reduce harm from misattuned care and adapt treatment to neurodivergent needs.

Maud is a Board Member of Eating Disorder Neurodiversity Australia (EDNA), where she develops clinician training and advocates for neurodiversity-affirming, trauma-informed care. She authored the neurodivergence appendix in the revised guidelines for the Queensland Eating Disorder Service and facilitates supervision groups as part of the QuEDS peer supervision program, focused on affirming practice.

Target Audience

All clinicians supporting individuals experiencing eating disorders. The principles discussed apply across disciplines, with some examples drawn from dietetic practice.

Registration

To attend online via Zoom, please [register via this link](#)

For more information please contact admin@insideoutinstitute.org.au