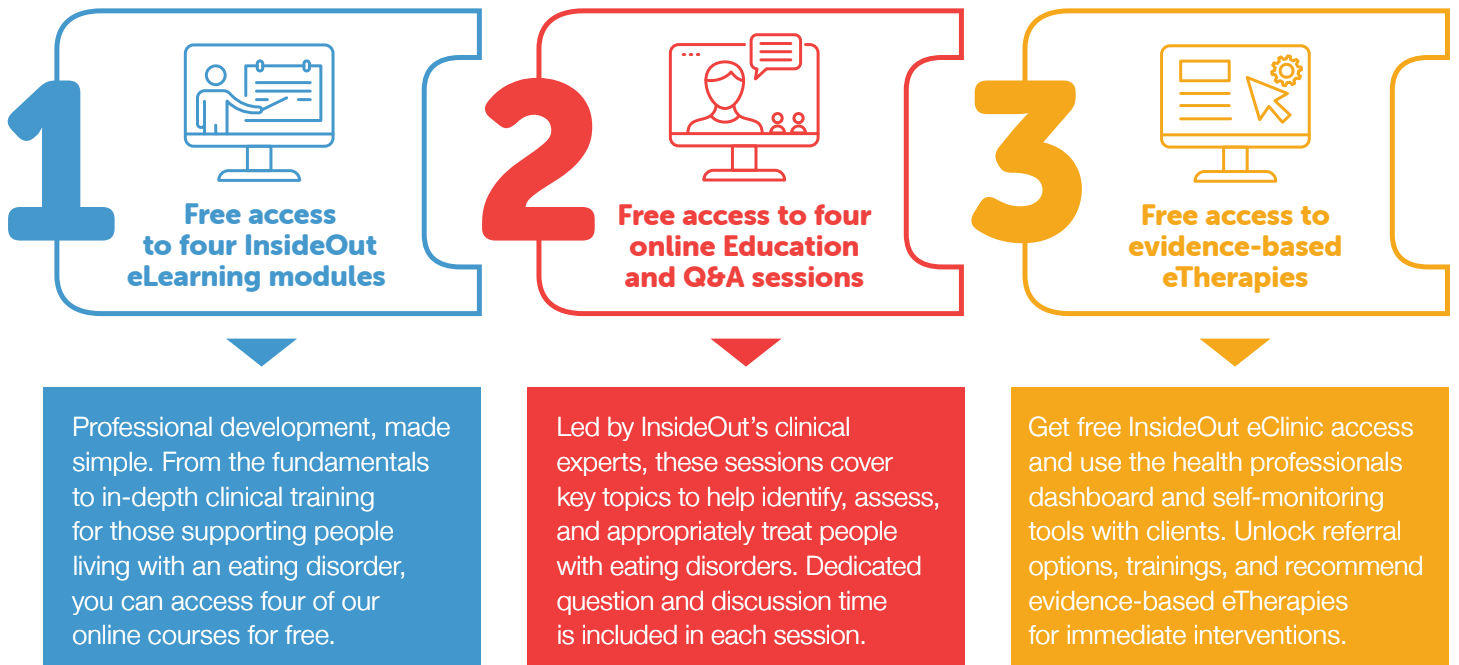


Supporting you supporting others.

Access your free resources under the Upskilling Project.

If you work at a **Medicare Mental Health service; on an intake and referral team at a Primary Health Network or commissioned service; or are a headspace staff member**, you are entitled to a package of free trainings and resources via InsideOut's Upskilling Project.

Your package entitles you to:



What is the Upskilling Project?

InsideOut Institute's Upskilling Project offers free support and specialist training in eating disorders for frontline mental health workers within early intervention services.

By equipping clinicians with the right tools, the Upskilling Project aims to transform access to care for Australians living with an eating disorder, reducing delays in identification and treatment and lessening the overall burden of symptoms.



Scan to access your free resources